



## GOOD FOOD, GREAT COMPANY

### DINING AT CREEKSIDE: IT'S MORE THAN JUST A MEAL

Enjoy delicious and nutritious meals and socialize with your friends and neighbors at Creekside Community Center. Sit-down meals are served, Monday - Friday, 11:45 a.m. Call ahead for the monthly menu.

Don't miss the upcoming "Party of the Month" and "Memorable Monday" events. These themed lunches begin at 11:30 a.m.

Meals are \$6 for guests under 60 years old; \$3 suggested donation for guests over 60 years old.

To make a reservation, call 952-563-4948 or V/TTY 952-563-4957.

## RESQ FROM BOREDOM! (-.-)ZZZ

## BUILDING COMMUNITY



### VIRTUAL BOWLING NINTENDO WII LEAGUES

Stay active and get fit while playing virtual bowling. Wii bowler and group leader Liz Tschida, *pictured far right in photo at left*, started playing Wii bowling at Creekside in early 2009 and hasn't stopped since.

"Wii has crossed the generation gap," Tschida said. "I was surprised at how quickly I caught on. The Wii uses a motion sensitive controller that allows people to act out playing the game. Anyone can do it."

The number of Wii players has been increasing since January. Players are currently working toward expanding their league. Contact Human Services to learn more.

### GIVE YOUR BRAIN A WORKOUT KEEP MENTALLY FIT WHILE HAVING FUN

The touch-screen technology of the Dakim Brain Fitness System leads users through 20-minute sessions of puzzles, brain teasers and other multimedia activities. No computer experience is necessary. Individuals receive one-on-one program training. To schedule a training session, contact Human Services.



### WI-FI FOR ALL CREEKSIDE NOW OFFERING WIRELESS INTERNET

Did you know wireless Internet access (or Wi-Fi) is now available at Creekside? Computers are available in the Creekside library, or bring your own laptop and relax with a cup of coffee in one of the library's lounge chairs. Wi-Fi is just one of many free services offered at Creekside.



## BRIDGING THE GAP HELPING RESIDENTS TURN THEIR HOUSES INTO HOMES

What does it take to set up a living space? Bedding, linens, dishes and appliances are just the beginning. Imagine if you couldn't afford to purchase all of these items brand new. Where would you go?

Human Services and Bridging, Inc., a nonprofit organization that provides furniture to families in need, are here to help. Once eligibility and furniture needs are determined by Human Services staff, families are connected to a Bridging representative to begin turning their houses into homes.

In 2009, Human Services received nearly 70 requests for a Bridging referral and conducted 28 home visits.

"More than half of our clients are children and the majority of our clients have an annual income of less than \$5,000," Bridging Executive Director Sara Sternberger said. "Unfortunately, the demand for our services continues to grow."

Bridging estimates that it recycles more than 100,000 items annually, equaling 5,550 tons of furniture that would otherwise be tossed in a landfill.

For more information or to make a donation, call Bridging at 952-888-1105 or visit [www.bridging.org](http://www.bridging.org).

## :-) VOLUNTEERS R GR8!

## HELPING GOOD PEOPLE CONNECT TO GOOD CAUSES

Human Services strengthens the community by providing information, access to volunteers and civic engagement opportunities for all ages. By including input from residents and employees, the services provided to the community align with the needs of the community. If Bloomington volunteers are the heart of services, then community partnerships are the backbone. Below are just a few examples of how the City works with volunteers and partner organizations to make a difference. For information on how you or your organization can get involved, call Human Services at 952-563-8733 or TTY 952-563-8740.



### BOUTIQUE HOURS AT CREEKSIDE

Monday - Friday	10 a.m. - 2:45 p.m.
Tuesdays	6 - 8 p.m.
Saturdays	9:30 a.m. - 1 p.m.

During the holiday season, hours are extended. Call or visit Creekside for more information.

### CREEKSIDE BOUTIQUE COMES TO FARMERS MARKET FIND UNIQUE ITEMS HANDCRAFTED BY SENIORS

The Creekside Boutique will travel to the Bloomington Farmers Market this fall.

Local residents will sell one-of-a-kind handmade items, including pillows, jewelry, blankets, dish towels, quilts and other unique gifts, at the Farmers Market, **Saturdays, September 4 and November 13, 8 a.m. - 1 p.m.** Be sure to visit the Creekside



On the City's website, click on **E-Subscribe** and sign up to receive Human Services e-mail updates.

Boutique tent to see firsthand the quality crafts for purchase.

Don't forget to visit the Boutique indoors at Creekside, *hours at left*, to find the perfect gift for that special someone in your life this holiday season. A wide selection of handcrafted items made by local residents is always available.

### GIVING THE GIFT OF TIME BLOOMINGTON RESIDENT KEEPS BUSY AT CREEKSIDE

After years of working as a fitting room attendant at a local department store, Cheryl, *pictured left in photo at right*, was told by her supervisor that her work hours were going to be drastically reduced. Just like that, Cheryl found herself looking for something to do to fill her newly acquired free time.

"I wanted to stay busy, but I was also interested in giving back to the community," Cheryl said. "A volunteer job at Creekside seemed like the perfect fit."

As an adult with disabilities, Cheryl is part of a day program that provides her with a job coach and the resources she needs to obtain a volunteer position.

Cheryl can be found Monday mornings greeting visitors and helping with a variety of tasks around the center.

According to Cheryl's job coach Stephanie Kunde-Wright, the volunteer position has allowed Cheryl to continue to be an active part of the community she loves.



"Cheryl really enjoys being with people and socializing and she feels good about giving back," Kunde-Wright said.